

APPENDIX F: EXAMINATION SINGLE HERB LIST

Herbs included on this list will provide the basis for single herb questions used on the examination. Herb nomenclature are taken from Chen and Chen's *Chinese Medical Herbology and Pharmacology*, 2004 and Bensky, Clavey, and Stoger's *Chinese Herbal Medicine: Materia Medica*, 2004. These herbs are listed in the reference materials, but are not endorsed as safe by the Department of Consumer Affairs, the Acupuncture Board, or the Federal Food and Drug Administration.

| PINYIN | CHINESE (KOREAN) | LATIN PHARMACEUTICAL |
|---------------------------|------------------|--|
| Ai Ye | 艾葉 (애엽) | <i>Artemisiae Argyi, Folium</i> |
| Ba Ji Tian | 巴戟天 (파극천) | <i>Morindae Officinalis, Radix</i> |
| Bai Bian Dou ¹ | 白扁豆 (백편두) | <i>Lablab Semen album</i> |
| Bai Bu | 百部 (백부) | <i>Stemona, Radix</i> |
| Bai Guo | 白果 (백과) | <i>Ginkgo, Semen</i> |
| Bai He | 百合 (백합) | <i>Lilii, Bulbus</i> |
| Bai Jiang Cao | 敗醬草 (패장초) | <i>Patriniae, Herba cum Radice</i> |
| Bai Jie Zi | 白芥子 (개자) | <i>Sinapis, Semen</i> |
| Bai Mao Gen | 白茅根 (백모근) | <i>Imperatae, Rhizoma</i> |
| Bai Qian | 白前 (백전) | <i>Cynanchi Stauntonii, Radix et Rhizoma</i> |
| Bai Shao | 白芍 (백작) | <i>Paeoniae Alba, Radix</i> |
| Bai Tou Weng | 白頭翁 (백두옹) | <i>Pulsatillae, Radix</i> |
| Bai Wei | 白薇 (백미) | <i>Cynanchi Atrati, Radix et Rhizoma</i> |
| Bai Zhi | 白芷 (백지) | <i>Angelicae Dahuricae, Radix</i> |
| Bai Zhu | 白朮 (백출) | <i>Atractylodis Macrocephalae, Rhizoma</i> |
| Bai Zi Ren | 柏子仁 (백자인) | <i>Platycladi, Semen</i> |
| Ban Lan Gen | 板藍根 (판남근) | <i>Isatidis, Radix</i> |
| Ban Xia | 半夏 (반하) | <i>Pinelliae, Rhizoma</i> |
| Bei Mu | 貝母 (패모) | <i>Fritillariae, Bulbus</i> |
| Bei Sha Shen | 北沙參 (복사삼) | <i>Glehniae, Radix</i> |
| Bi Bo ² | 萹苳 (필발) | <i>Piperis Longi, Fructus</i> |
| Bian Xu | 鳶薺 (편축) | <i>Polygoni Avicularis, Herba</i> |
| Bie Jia | 鼈甲 (별갑) | <i>Trionycis, Carapax</i> |
| Bo He | 薄荷 (박하) | <i>Menthae, Herba</i> |

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|----------------------|-------------------------|--|
| Bu Gu Zhi | 補骨脂 (보골지) | <i>Psoraleae, Fructus</i> |
| Cang Er Zi | 蒼耳子 (창이자) | <i>Xanthii, Fructus</i> |
| Cang Zhu | 蒼朮 (창출) | <i>Atractylodis, Rhizoma</i> |
| Cao Dou Kou | 草豆蔻 (초두구) | <i>Alpiniae Katsumadai, Semen</i> |
| Cao Guo | 草果 (초과) | <i>Amomi Tsaoko, Fructus</i> |
| Cao Wu | 草烏 (초오) | <i>Aconiti Kusnezoffii, Radix</i> |
| Ce Bai Ye | 側柏葉 (측백엽) | <i>Platycladi, Cacumen</i> |
| Chai Hu | 柴胡 (시호) | <i>Bupleuri, Radix</i> |
| Chan Tui | 蟬蛻 (선틈) | <i>Cicadae, Periostracum</i> |
| Che Qian Zi | 車前子 (차전자) | <i>Plantaginis, Semen</i> |
| Chen Pi | 陳皮 (진피) | <i>Citri Reticulatae, Pericarpium</i> |
| Chen Xiang | 沈香 (침향) | <i>Aquilariae Resinatum, Lignum</i> |
| Chi Shao | 赤芍 (적작) | <i>Paeoniae Rubrae, Radix</i> |
| Chi Shi Zhi | 赤石脂 (적석지) | <i>Halloysitum Rubrum</i> |
| Chuan Bei Mu | 川貝母 (천패모) | <i>Fritillariae Cirrhosae, Bulbus</i> |
| Chuan Lian Zi | 川楝子 (천련자) | <i>Meliae Toosendan, Fructus</i> |
| Chuan Mu Tong | 川木通 (천목통) | <i>Clematidis Armandii, Caulis</i> |
| Chuan Niu Xi | 川牛膝 (천우슬) | <i>Cyathulae, Radix</i> |
| Chuan Xiong | 川芎 (천궁) | <i>Chuanxiong, Rhizoma</i> |
| Chun Pi ³ | 椿皮 (춘피) | <i>Ailanthi, Cortex</i> |
| Ci Shi | 磁石 (자석) | <i>Magnetitum</i> |
| Da Fu Pi | 大腹皮 (대복피) | <i>Arecae, Pericarpium</i> |
| Da Huang | 大黃 (대황) | <i>Radix et Rhizoma Rhei</i> |
| Da Ji | 大戟 (대극) | <i>Euphorbiae seu Knoxiae, Radix</i> |
| Da Zao | 大棗 (대조) | <i>Jujubae, Fructus</i> |
| Dan Dou Chi | 淡豆豉 (담두시) | <i>Sojae Praeparatum, Semen</i> |
| Dan Nan Xing | 膽南星 (담남성) | <i>Arisaema cum Bile</i> |
| Dan Shen | 丹蔘 (단삼) | <i>Salviae Miltiorrhizae, Radix et Rhizoma</i> |

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| Dan Zhu Ye | 淡竹葉 (담죽엽) | <i>Lophatheri, Herba</i> |
| Dang Gui | 當歸 (당귀) | <i>Angelicae Sinensis, Radix</i> |
| Dang Shen | 黨蔘 (당삼) | <i>Codonopsitis, Radix</i> |
| Deng Xin Cao | 燈心草 (등심초) | <i>Junci, Medulla</i> |
| Di Fu Zi | 地膚子 (지부자) | <i>Kochiae, Fructus</i> |
| Di Gu Pi | 地骨皮 (지골피) | <i>Lycii, Cortex</i> |
| Di Huang ⁴ | 地黃 (지황) | <i>Rehmanniae, Radix</i> |
| Di Long | 地龍 (지룡) | <i>Pheretima</i> |
| Di Yu | 地榆 (지유) | <i>Sanguisorbae, Radix</i> |
| Ding Xiang | 丁香 (정향) | <i>Caryophylli, Flos</i> |
| Dong Gua Zi | 冬瓜子 (동과자) | <i>Benincasae, Semen</i> |
| Dong Kui Zi | 冬葵子 (동규자) | <i>Malvae, Semen</i> |
| Dou Kou ⁵ | 豆蔻 (두구) | <i>Amomi Rotundus, Fructus</i> |
| Du Huo | 獨活 (독활) | <i>Angelicae Pubescentis, Radix</i> |
| Du Zhong | 杜仲 (두충) | <i>Eucommiae, Cortex</i> |
| E Jiao | 阿膠 (아교) | <i>Asini, Colla Corii</i> |
| E Zhu | 莪朮 (아출) | <i>Curcumae, Rhizoma</i> |
| Fang Feng | 防風 (방풍) | <i>Saposhnikoviae, Radix</i> |
| Fang Ji ⁶ | 防己 (방기) | <i>Stephaniae Tetrandrae, Radix</i> |
| Fen Bi Xie ⁷ | 粉草薺 (분비해) | <i>Dioscoreae Hypoglaucae, Rhizoma</i> |
| Fu Ling | 茯苓 (복령) | <i>Poriae</i> |
| Fu Pen Zi | 覆盆子 (복분자) | <i>Rubi, Fructus</i> |
| Fu Xiao Mai | 浮小麥 (부소맥) | <i>Tritici Levis, Fructus</i> |
| Fu Zi | 附子 (부자) | <i>Aconiti Lateralis Preparata, Radix</i> |
| Gan Cao | 甘草 (감초) | <i>Glycyrrhizae, Radix et Rhizoma</i> |
| Gan Jiang | 乾薑 (건강) | <i>Zingiberis, Rhizoma</i> |
| Gao Ben | 藁本 (고본) | <i>Ligustici, Rhizoma et Radix</i> |
| Gao Liang Jiang | 高良薑 (고량강) | <i>Alpiniae Officinari, Rhizoma</i> |

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| Ge Gen | 葛根 (갈근) | <i>Puerariae Lobatae, Radix</i> |
| Gou Ji | 狗脊 (구척) | <i>Cibotii, Rhizoma</i> |
| Gou Qi Zi | 枸杞子 (구기자) | <i>Lycii, Fructus</i> |
| Gou Teng | 鉤藤 (구등) | <i>Uncariae cum Uncis, Ramulus</i> |
| Gu Sui Bu | 骨碎補 (골쇄보) | <i>Drynariae, Rhizoma</i> |
| Gu Ya | 穀芽 (곡아) | <i>Sativae Germinantus, Fructus</i> |
| Gua Lou Pi | 瓜蒌皮 (과루피) | <i>Trichosanthis, Pericarpium</i> |
| Gua Lou Zi ⁸ | 瓜蒌子 (과루자) | <i>Trichosanthis, Semen</i> |
| Guang Huo Xiang | 廣藿香 (광곽향) | <i>Pogostemonis, Herba</i> |
| Gui Ban | 龜板 (구판) | <i>Testudinis, Plastrum</i> |
| Gui Ban Jiao | 龜板膠 (구판교) | <i>Testudinis, Gelatinum Plastrum</i> |
| Gui Zhi | 桂枝 (계지) | <i>Cinnamomi, Ramulus</i> |
| Hai Piao Xiao | 海螵蛸 (해표초) | <i>Sepiae, Endoconcha</i> |
| Hai Tong Pi | 海桐皮 (해동피) | <i>Erythrinae, Cortex</i> |
| Hai Zao | 海藻 (해조) | <i>Sargassum</i> |
| He Ye | 荷葉 (하엽) | <i>Nelumbinis, Folium</i> |
| He Zi | 訶子 (가자) | <i>Chebulae, Fructus</i> |
| Hei Zhi Ma | 黑芝麻 (흑지마) | <i>Sesami Nigrum, Semen</i> |
| Hong Hua | 紅花 (홍화) | <i>Carthami, Flos</i> |
| Hou Po | 厚朴 (후박) | <i>Magnoliae Officinalis, Cortex</i> |
| Hu Jiao | 胡椒 (호초) | <i>Piperis, Fructus</i> |
| Hu Tao Ren | 胡桃仁 (호도인) | <i>Juglandis, Semen</i> |
| Hua Jiao | 花椒 (화초) | <i>Zanthoxyli, Pericarpium</i> |
| Hua Shi | 滑石 (활석) | <i>Talcum</i> |
| Huai Hua Mi | 槐花米 (괴화미) | <i>Sophorae Japonicae Immaturus, Flos</i> |
| Huang Bo ⁹ | 黃柏 (황벽) | <i>Phellodendri Chinensis, Cortex</i> |
| Huang Lian | 黃連 (황련) | <i>Coptidis, Rhizoma</i> |
| Huang Qi | 黃芪 (황기) | <i>Astragali, Radix</i> |

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| Huang Qin | 黃芩 (황금) | <i>Scutellariae, Radix</i> |
| Huo Ma Ren | 火麻仁 (화마인) | <i>Cannabis, Fructus</i> |
| Huo Xiang | 藿香 (곽향) | <i>Agastaches, Herba</i> |
| Ji Li ¹⁰ | 蒺藜 (질러) | <i>Tribuli, Fructus</i> |
| Ji Nei Jin | 鷄內金 (계내금) | <i>Corneum Gigeriae Galli, Endothelium</i> |
| Ji Zi Huang | 雞子黃 (계자황) | <i>Galli Vitellus</i> |
| Jiang Huang | 薑黃 (강황) | <i>Curcumae longae, Rhizoma</i> |
| Jie Geng | 桔梗 (길경) | <i>Platycodi, Radix</i> |
| Jin Qian Bai Hua She ¹¹ | 金錢白花蛇 (금전백화사) | <i>Bungarus Parvus</i> |
| Jin Yin Hua | 金銀花 (금은화) | <i>Lonicerae Japonicae, Flos</i> |
| Jin Ying Zi | 金櫻子 (금앵자) | <i>Rosae Laevigatae, Fructus</i> |
| Jing Jie | 荊芥 (형개) | <i>Schizonepetae, Herba</i> |
| Jing Mi | 粳米 (경미) | <i>Nonglutinous Rice</i> |
| Ju Hong | 橘紅 (귤홍) | <i>Citri Erythrocarpae, Pars Rubra Epicarpis</i> |
| Ju Hua | 菊花 (국화) | <i>Chrysanthemi, Flos</i> |
| Jue Ming Zi | 決明子 (결명자) | <i>Cassiae, Semen</i> |
| Ku Shen ¹² | 苦蔘 (고삼) | <i>Sophorae Flavescens, Radix</i> |
| Ku Xing Ren ¹³ | 苦杏仁 (고행인) | <i>Armeniaca Amarum, Semen</i> |
| Lai Fu Zi | 萊菔子 (내복자) | <i>Raphani, Semen</i> |
| Lian Qiao | 蓮翹 (연교) | <i>Forsythiae, Fructus</i> |
| Lian Xu | 蓮鬚 (연순) | <i>Nelumbinis, Stamen</i> |
| Lian Zi | 蓮子 (연자) | <i>Nelumbinis, Semen</i> |
| Long Dan ¹⁴ | 龍膽 (용담) | <i>Gentianae, Radix</i> |
| Long Gu | 龍骨 (용골) | <i>Draconis, Os</i> |
| Long Yan Rou | 龍眼肉 (용안육) | <i>Longanae, Arillus</i> |
| Lu Gen | 蘆根 (노근) | <i>Phragmitis, Rhizoma</i> |
| Lu Hui | 蘆薈 (노회) | <i>Aloes</i> |

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| Lu Jiao Jiao | 鹿角膠 (녹각교) | <i>Cervi Colla Cornus</i> |
| Lu Rong | 鹿茸 (녹용) | <i>Cervi Pantotrichum, Cornu</i> |
| Mai Dong ¹⁵ | 麥冬 (맥동) | <i>Ophiopogonis, Tuber</i> |
| Mai Ya | 麥芽 (맥아) | <i>Hordei Germinantus, Fructus</i> |
| Man Jing Zi | 蔓荊子 (만형자) | <i>Viticis, Fructus</i> |
| Mang Xiao | 芒硝 (망초) | <i>Natrii Sulfas</i> |
| Mo Yao | 沒藥 (작약) | <i>Myrrha</i> |
| Mu Dan Pi | 牡丹皮 (목단피) | <i>Moutan, Cortex</i> |
| Mu Gua | 木瓜 (목과) | <i>Chaenomelis, Fructus</i> |
| Mu Li | 牡蠣 (모려) | <i>Ostreae, Concha</i> |
| Mu Tong | 木通 (목통) | <i>Akebiae, Caulis</i> |
| Mu Zei | 木賊 (목적) | <i>Equiseti Hiemalis, Herba</i> |
| Nan Sha Shen | 南沙參 (남사삼) | <i>Adenophorae, Radix</i> |
| Niu Bang Zi | 牛蒡子 (우방자) | <i>Arctii, Fructus</i> |
| Niu Huang | 牛黃 (우황) | <i>Bovis, Calculus</i> |
| Niu Xi ¹⁶ | 牛膝 (우슬) | <i>Achyranthis Bidentatae, Radix</i> |
| Nu Zhen Zi | 女貞子 (여정자) | <i>Ligustri Lucidi, Fructus</i> |
| Pao Jiang | 炮薑 (포강) | <i>Zingiberis Preparatum, Rhizoma</i> |
| Pi Pa Ye | 枇杷葉 (비파엽) | <i>Eriobotryae, Folium</i> |
| Pu Gong Ying | 蒲公英 (포공영) | <i>Taraxaci, Herba</i> |
| Pu Huang | 蒲黃 (포황) | <i>Typhae, Pollen</i> |
| Qian Cao | 茜草 (서초) | <i>Rubiae, Radix et Rhizoma</i> |
| Qian Hu | 前胡 (전호) | <i>Peucedani, Radix</i> |
| Qian Shi | 芡實 (검실) | <i>Euryales, Semen</i> |
| Qiang Huo | 羌活 (강활) | <i>Notopterygii, Rhizoma et Radix</i> |
| Qin Jiao | 秦艽 (진교) | <i>Gentianae Macrophyllae, Radix</i> |
| Qin Pi | 秦皮 (진피) | <i>Fraxini Cortex</i> |
| Qing Hao | 青蒿 (청호) | <i>Artemisiae Annuae, Herba</i> |

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| Qing Pi | 靑皮 (청피) | <i>Citri Reticulatae Viride, Pericarpium</i> |
| Qu Mai | 瞿麥 (구맥) | <i>Dianthi, Herba</i> |
| Ren Shen | 人蔘 (인삼) | <i>Ginseng, Radix et Rhizoma</i> |
| Rou Dou Kou | 肉豆蔻 (육두구) | <i>Myristicae Fragrantis, Semen</i> |
| Rou Gui | 肉桂 (육계) | <i>Cinnamomi, Cortex</i> |
| Ru Xiang | 乳香 (유향) | <i>Olibanum, Gummi</i> |
| San Leng | 三稜 (삼릉) | <i>Sparganii, Rhizoma</i> |
| San Qi | 三七 (삼칠) | <i>Notoginseng, Radix</i> |
| Sang Bai Pi | 桑白皮 (상백피) | <i>Mori, Cortex</i> |
| Sang Ji Sheng | 桑寄生 (상기생) | <i>Taxilli, Herba</i> |
| Sang Shen ¹⁷ | 桑椹 (상심) | <i>Mori, Fructus</i> |
| Sang Ye | 桑葉 (상엽) | <i>Mori, Folium</i> |
| Sang Zhi | 桑枝 (상지) | <i>Mori, Ramulus</i> |
| Sha Ren | 砂仁 (사인) | <i>Amomi, Fructus</i> |
| Sha Yuan Zi | 沙苑子 (사원자) | <i>Astragali Complanati, Semen</i> |
| Shan Dou Gen | 山豆根 (산두근) | <i>Sophorae Tonkinensis, Radix et Rhizoma</i> |
| Shan Yao | 山藥 (산약) | <i>Dioscoreae, Radix</i> |
| Shan Zha | 山楂 (산사) | <i>Crataegi, Fructus</i> |
| Shan Zhu Yu | 山茱萸 (산수유) | <i>Corni, Fructus</i> |
| She Chuang Zi | 蛇床子 (사상자) | <i>Cnidii, Fructus</i> |
| She Gan | 射干 (사간) | <i>Belamcandae, Rhizoma</i> |
| Shen Qu | 神麴 (신곡) | <i>Massa Fermentata</i> |
| Sheng Jiang | 生薑 (생강) | <i>Zingiberis Recens, Rhizoma</i> |
| Sheng Jiang Pi | 生薑皮 (생강피) | <i>Zingiberis Recens, Cortex</i> |
| Sheng Ma | 升麻 (승마) | <i>Rhizoma Cimicifugae</i> |
| Shi Gao | 石膏 (석고) | <i>Gypsum Fibrosum</i> |
| Shi Jue Ming | 石決明 (석결명) | <i>Haliotidis, Concha</i> |
| Shi Wei | 石葦 (석위) | <i>Pyrrrosiae, Folium</i> |

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| Shou Wu Teng ¹⁸ | 首烏藤 (수오등) | <i>Polygoni Multiflori, Caulis</i> |
| Shu Di Huang | 熟地黃 (숙지황) | <i>Rehmanniae Praeparata, Radix</i> |
| Shui Niu Jiao | 水牛角 (수우각) | <i>Bubali, Cornu</i> |
| Suan Zao Ren | 酸棗仁 (산조인) | <i>Zizyphi Spinosae, Semen</i> |
| Suo Yang | 鎖陽 (쇄양) | <i>Cynomorii, Herba</i> |
| Tan Xiang | 檀香 (단향) | <i>Santali Albi Lignum</i> |
| Tao Ren | 桃仁 (도인) | <i>Persicae, Semen</i> |
| Tian Dong ¹⁹ | 天冬 (천동) | <i>Asparagi, Radix</i> |
| Tian Hua Fen | 天花粉 (천화분) | <i>Trichosanthis, Radix</i> |
| Tian Nan Xing | 天南星 (천남성) | <i>Arisaematis, Rhizoma</i> |
| Tu Fu Ling | 土茯苓 (토복령) | <i>Smilacis Glabrae, Rhizoma</i> |
| Tu Si Zi | 菟絲子 (토사자) | <i>Cuscutae, Semen</i> |
| Wang Bu Liu Xing | 王不留行 (왕불유행) | <i>Vaccariae, Semen</i> |
| Wei Ling Xian | 威靈仙 (위령선) | <i>Clematidis, Radix et Rhizoma</i> |
| Wu Jia Pi | 五加皮 (오가피) | <i>Acanthopanax, Cortex</i> |
| Wu Mei | 烏梅 (오매) | <i>Mume, Fructus</i> |
| Wu Wei Zi | 五味子 (오미자) | <i>Schisandrae Chinensis, Fructus</i> |
| Wu Yao | 烏藥 (오약) | <i>Linderae, Radix</i> |
| Wu Zhu Yu | 吳茱萸 (오수유) | <i>Evodiae, Fructus</i> |
| Xi Xian Cao | 豨薟草 (희렴초) | <i>Siegesbeckiae, Herba</i> |
| Xia Ku Cao | 夏枯草 (하고초) | <i>Prunellae, Spica</i> |
| Xian He Cao | 仙鶴草 (선학초) | <i>Agrimoniae, Herba</i> |
| Xian Mao | 仙茅 (선모) | <i>Curculiginis, Rhizoma</i> |
| Xiang Fu | 香附 (향부) | <i>Cyperis, Rhizoma</i> |
| Xiang Ru | 香薷 (향유) | <i>Moslai, Herba</i> |
| Xiao Hui Xiang | 小茴香 (소회향) | <i>Foeniculi, Fructus</i> |
| Xin Yi Hua | 辛夷花 (신이화) | <i>Magnoliae, Flos</i> |
| Xu Duan | 續斷 (속단) | <i>Dipsaci, Radix</i> |

APPENDIX F: EXAMINATION SINGLE HERB LIST

| PINYIN | CHINESE (KOREAN) | LATIN PHARMACEUTICAL |
|------------------------|------------------|--|
| Xuan Fu Hua | 旋覆花 (선복화) | <i>Inulae, Flos</i> |
| Xuan Shen | 玄蓼 (현삼) | <i>Scrophulariae, Radix</i> |
| Yan Hu Suo | 延胡索 (연호색) | <i>Corydalis, Rhizoma</i> |
| Yi Mu Cao | 益母草 (익모초) | <i>Leonuri, Herba</i> |
| Yi Tang | 飴糖 (이당) | <i>Maltosum</i> |
| Yi Yi Ren | 薏苡仁 (의이인) | <i>Coicis, Semen</i> |
| Yi Zhi ²⁰ | 益智 (익지) | <i>Alpiniae Oxyphyllae, Fructus</i> |
| Yin Chen ²¹ | 茵陳 (인동) | <i>Artemisiae Scopariae, Herba</i> |
| Yin Yang Huo | 淫羊藿 (음양곽) | <i>Epimedii, Herba</i> |
| Yu Jin | 鬱金 (울금) | <i>Curcumae, Tuber</i> |
| Yuan Zhi | 遠志 (원지) | <i>Polygalae, Radix</i> |
| Ze Lan | 澤蘭 (택란) | <i>Lycopi, Herba</i> |
| Ze Xie | 澤瀉 (택사) | <i>Alismatis, Rhizoma</i> |
| Zhe Bei Mu | 浙貝母 (절패모) | <i>Fritillariae Thunbergii, Bulbus</i> |
| Zhe Shi ²² | 赭石 (자석) | <i>Haematitum</i> |
| Zhen Zhu | 珍珠 (진주) | <i>Margarita</i> |
| Zhi Cao Wu | 制草烏 (제초오) | <i>Aconiti Kusnezoffii Praeparata, Radix</i> |
| Zhi Gan Cao | 炙甘草 (자감초) | <i>Glycyrrhizae Praeparata cum Melle, Radix et Rhizoma</i> |
| Zhi Mu | 知母 (지모) | <i>Anemarrhenae, Rhizoma</i> |
| Zhi Qiao ²³ | 枳殼 (지각) | <i>Aurantii, Fructus</i> |
| Zhi Shi | 枳實 (지실) | <i>Aurantii, Fructus Immaturus</i> |
| Zhi Zi | 梔子 (치자) | <i>Gardeniae, Fructus</i> |
| Zhu Ling | 豬苓 (저령) | <i>Polyporus</i> |
| Zhu Ru | 竹茹 (죽여) | <i>Bambusae in Taeniis, Caulis</i> |
| Zi Su Ye ²⁴ | 紫蘇葉 (자소엽) | <i>Perillae, Folium</i> |
| Zi Su Zi ²⁵ | 紫蘇子 (자소자) | <i>Perillae Frutescentis, Fructus</i> |
| Zi Wan | 紫菀 (자원) | <i>Asteris, Radix et Rhizoma</i> |

APPENDIX F: EXAMINATION SINGLE HERB LIST

- ¹ Bian Dou 扁豆
- ² Bi Ba 萆苈
- ³ Chun Gen Pi 椿根皮
- ⁴ Sheng Di Huang 生地黃
- ⁵ Bai Dou Kou 白豆蔻
- ⁶ Fen Fang Ji 粉防己, Han Fang Ji 漢防己
- ⁷ Bi Xie 萆薢
- ⁸ Gua Lou Ren 瓜蒌仁
- ⁹ Huang Bai 黃柏
- ¹⁰ Bai Ji Li 白蒺藜
- ¹¹ Bai Hua She 白花蛇
- ¹² Ku Shen Gen 苦參根
- ¹³ Xing Ren 杏仁
- ¹⁴ Long Dan Cao 龍膽草
- ¹⁵ Mai Men Dong 麥門冬
- ¹⁶ Huai Niu Xi 淮牛膝
- ¹⁷ Sang Shen Zi 桑椹子
- ¹⁸ Ye Jiao Teng 夜交藤
- ¹⁹ Tian Men Dong 天門冬
- ²⁰ Yi Zhi Ren 益智仁
- ²¹ Yin Chen Hao 茵陳蒿
- ²² Dai Zhe Shi 代赭石
- ²³ Zhi Ke 枳殼
- ²⁴ Su Ye 蘇葉
- ²⁵ Su Zi 蘇子

APPENDIX G: EXAMINATION HERBAL FORMULAS LIST

Herbal formulas included on this list will provide the basis for herbal formula questions used on the examination. Herbal formula nomenclature and formula ingredients are taken from Chen and Chen's *Chinese Herbal Formulas and Applications: Pharmacological Effects and Clinical Research*, 2009 and Scheid, Bensky, Ellis, and Barolet's *Chinese Herbal Medicine: Formulas and Strategies*, 2009. The formulas presented here are listed in the reference material but are not endorsed as safe by the Department of Consumer Affairs, the Acupuncture Board, or the Federal Food and Drug Administration.

| ENGLISH TRANSLATION | PINYIN | CHINESE (KOREAN) |
|---|------------------------|------------------|
| <i>Formulas that Release the Exterior</i> | <i>Jie Biao Ji</i> | <i>解表劑 (해표제)</i> |
| Bupleurum and Kudzu Decoction to Release the Muscle Layer | Chai Ge Jie Ji Tang | 柴葛解肌湯 (시갈해기탕) |
| Cinnamon Twig Decoction | Gui Zhi Tang | 桂枝湯 (계지탕) |
| Ginseng Powder to Overcome Pathogenic Influences | Ren Shen Bai Du San | 人蔘敗毒散 (인삼패독산) |
| Honeysuckle and Forsythia Powder | Yin Qiao San | 銀翹散 (은교산) |
| Mulberry Leaf and Chrysanthemum Decoction | Sang Ju Yin | 桑菊飲 (상국음) |
| <i>Formulas that Clear Heat</i> | <i>Qing Re Ji</i> | <i>清熱劑 (청열제)</i> |
| Artemisia Annuum and Soft-shelled Turtle Shell Decoction | Qing Hao Bie Jia Tang | 青蒿鱉甲湯 (청호별갑탕) |
| Clear the Stomach Powder | Qing Wei San | 清胃散 (청위산) |
| Coptis Decoction to Relieve Toxicity | Huang Lian Jie Du Tang | 黃蓮解毒湯 (황련해독탕) |
| Drain the Epigastrium Decoction | Xie Xin Tang | 瀉心湯 (사심탕) |
| Gentiana Decoction to Drain the Liver | Long Dan Xie Gan Tang | 龍膽瀉肝湯 (용담사간탕) |
| Guide Out the Red Powder | Dao Chi San | 導赤散 (도적산) |
| Pulsatilla Decoction | Bai Tou Weng Tang | 白頭翁湯 (백두옹탕) |
| White Tiger Decoction | Bai Hu Tang | 白虎湯 (백호탕) |

APPENDIX G: EXAMINATION HERBAL FORMULAS LIST

| ENGLISH TRANSLATION | PINYIN | CHINESE (KOREAN) |
|---|------------------------|-------------------------|
| <i>Formulas that Drain Downward</i> | <i>Xie Xia Ji</i> | 瀉下劑 (사하제) |
| Hemp Seed Pill | Ma Zi Ren Wan | 麻子仁丸 (마자인환) |
| Major Order the Qi Decoction | Da Cheng Qi Tang | 大承氣湯 (대승기탕) |
| Minor Order the Qi Decoction | Xiao Cheng Qi Tang | 小承氣湯 (소승기탕) |
| Moisten the Intestines Pill | Run Chang Wan | 潤腸丸 (윤장환) |
| Regulate the Stomach and Order the Qi Decoction | Tiao Wei Cheng Qi Tang | 調胃承氣湯 (조위승기탕) |
| <i>Formulas that Harmonize</i> | <i>He Jie Ji</i> | 和解劑 (화해제) |
| Frigid Extremities Powder | Si Ni San | 四逆散 (사역산) |
| Minor Bupleurum Decoction | Xiao Chai Hu Tang | 小柴胡湯 (소시호탕) |
| Pinellia Decoction to Drain the Epigastrium | Ban Xia Xie Xin Tang | 半夏瀉心湯 (반하사심탕) |
| Rambling Powder | Xiao Yao San | 逍遙散 (소요산) |
| <i>Formulas that Expel Dampness</i> | <i>Qu Shi Ji</i> | 祛濕劑 (거습제) |
| Agastache Powder to Rectify the Qi | Huo Xiang Zheng Qi San | 藿香正氣散 (곽향정기산) |
| Calm the Stomach Powder | Ping Wei San | 平胃散 (평위산) |
| Eight-Herb Powder for Rectification | Ba Zheng San | 八正散 (팔정산) |
| Five-Ingredient Powder with Poria | Wu Ling San | 五苓散 (오령산) |
| Five-Peel Powder | Wu Pi San | 五皮散 (오피산) |
| Polyporus Decoction | Zhu Ling Tang | 豬苓湯 (저령탕) |

APPENDIX G: EXAMINATION HERBAL FORMULAS LIST

| ENGLISH TRANSLATION | PINYIN | CHINESE (KOREAN) |
|---|-----------------------|-------------------------|
| Remove Painful Obstruction Decoction | Juan Bi Tang | 濁痹湯 (견비탕) |
| True Warrior Decoction | Zhen Wu Tang | 眞武湯 (진무탕) |
| <i>Formulas that Treat Dryness</i> | <i>Zhi Zhao Ji</i> | 治燥劑 (치조제) |
| Apricot Kernel and Perilla Leaf Powder | Xing Su San | 杏蘇散 (형소산) |
| Lily Bulb Decoction to Preserve the Metal | Bai He Gu Jin Tang | 百合固金湯 (백합고금탕) |
| Ophiopogonis Decoction | Mai Men Dong Tang | 麥門冬湯 (맥문동탕) |
| <i>Formulas that Warm Interior Cold</i> | <i>Wen Li Ji</i> | 溫裏劑 (은리제) |
| Evodia Decoction | Wu Zhu Yu Tang | 吳茱萸湯 (오수유탕) |
| Frigid Extremities Decoction | Si Ni Tang | 四逆湯 (사역탕) |
| Major Construct the Middle Decoction | Da Jian Zhong Tang | 大建中湯 (대건중탕) |
| Minor Construct the Middle Decoction | Xiao Jian Zhong Tang | 小建中湯 (소건중탕) |
| Regulate the Middle Pill | Li Zhong Wan | 理中丸 (이중환) |
| <i>Formulas that Tonify</i> | <i>Bu Yi Ji</i> | 補益劑 (보익제) |
| All-Inclusive Great Tonifying Decoction | Shi Quan Da Bu Tang | 十全大補湯 (십전대보탕) |
| Eight-Treasure Decoction | Ba Zhen Tang | 八珍湯 (팔진탕) |
| Four-Gentlemen Decoction | Si Jun Zi Tang | 四君子湯 (사군자탕) |
| Four-Substance Decoction | Si Wu Tang | 四物湯 (사물탕) |
| Generate the Pulse Powder | Sheng Mai San | 生脈散 (생맥산) |
| Ginseng, Poria, and White Atractylodes Powder | Shen Ling Bai Zhu San | 參苓白朮散 (삼령백출산) |

APPENDIX G: EXAMINATION HERBAL FORMULAS LIST

| ENGLISH TRANSLATION | PINYIN | CHINESE (KOREAN) |
|---|------------------------------|----------------------|
| Kidney Qi Pill from the <i>Golden Cabinet</i> | Jin Gui Shen Qi Wan | 金櫃腎氣丸 (금궤신기환) |
| Restore the Left [Kidney] Pill | Zuo Gui Wan | 左歸丸 (좌궤환) |
| Restore the Right [Kidney] Pill | You Gui Wan | 右歸丸 (우궤환) |
| Restore the Spleen Decoction | Gui Pi Tang | 歸脾湯 (궤비탕) |
| Six-Ingredient Pill with Rehmannia | Liu Wei Di Huang Wan | 六味地黃丸 (육미지황환) |
| Tangkuei Decoction to Tonify the Blood | Dang Gui Bu Xue Tang | 當歸補血湯 (당궤보혈탕) |
| Tonify the Middle and Augment the Qi Decoction | Bu Zhong Yi Qi Tang | 補中益氣湯 (보중익기탕) |
| <i>Formulas that Treat Phlegm</i> | <i>Qu Tan Ji</i> | <i>祛痰劑 (거담제)</i> |
| Clear the Qi and Transform Phlegm Pill | Qing Qi Hua Tan Wan | 清氣化痰丸 (청기화담환) |
| Fritillaria and Trichosanthes Fruit Powder | Bei Mu Gua Lou San | 貝母瓜蒌散 (패모과루산) |
| Pinellia, Atractylodis Macrocephalae, and Gastrodia Decoction | Ban Xia Bai Zhu Tian Ma Tang | 半夏白朮天麻湯 (반하백출천마탕) |
| Stop Coughing Powder | Zhi Sou San | 止咳散 (지수산) |
| Two-Cured Decoction | Er Chen Tang | 二陳湯 (이진탕) |
| Warm the Gallbladder Decoction | Wen Dan Tang | 溫膽湯 (온담탕) |
| <i>Formulas that Regulate the Qi</i> | <i>Li Qi Ji</i> | <i>理氣劑 (이기제)</i> |
| Escape Restraint Pill | Yue Ju Wan | 越鞠丸 (월궤환) |
| Perilla Fruit Decoction for Directing Qi Downward | Su Zi Jiang Qi Tang | 蘇子降氣湯 (소자강기탕) |
| Pinellia and Magnolia Bark Decoction | Ban Xia Hou Po Tang | 半夏厚朴湯 (반하후박탕) |

APPENDIX G: EXAMINATION HERBAL FORMULAS LIST

| ENGLISH TRANSLATION | PINYIN | CHINESE (KOREAN) |
|--|------------------------|------------------|
| Tangerine Peel and Bamboo Shavings Decoction | Ju Pi Zhu Ru Tang | 橘皮竹茹湯 (귤피죽여탕) |
| <i>Formulas that Invigorate the Blood</i> | <i>Huo Xue Ji</i> | <i>活血劑 (활혈제)</i> |
| Cinnamon Twig and Poria Pill | Gui Zhi Fu Ling Wan | 桂枝茯苓丸 (계지복령환) |
| Drive Out Stasis in the Mansion of Blood Decoction | Xue Fu Zhu Yu Tang | 血府逐瘀湯 (혈부죽어탕) |
| Generating and Transforming Decoction | Sheng Hua Tang | 生化湯 (생화탕) |
| Peach Pit Decoction to Order the Qi | Tao He Cheng Qi Tang | 桃核承氣湯 (도핵승기탕) |
| Salvia Drink | Dan Shen Yin | 丹參飲 (단삼음) |
| Warm the Menses Decoction | Wen Jing Tang | 溫經湯 (은경탕) |
| <i>Formulas that Stop Bleeding</i> | <i>Zhi Xue Fang</i> | <i>止血方 (지혈방)</i> |
| Ass-Hide Gelatin and Mugwort Decoction | Jiao Ai Tang | 膠艾湯 (교애탕) |
| Sophora Japonica Flower Powder | Huai Hua San | 槐花散 (괴화산) |
| <i>Formulas that Calm the Spirit</i> | <i>An Shen Ji</i> | <i>安神劑 (안신제)</i> |
| Coptis and Ass-Hide Gelatin Decoction | Huang Lian E Jiao Tang | 黃連阿膠湯 (황련아교탕) |
| Licorice, Wheat, and Jujube Decoction | Gan Mai Da Zao Tang | 甘麥大棗湯 (감맥대조탕) |
| Sour Jujube Decoction | Suan Zao Ren Tang | 酸棗仁湯 (산조인탕) |
| <i>Formulas that Expel Wind</i> | <i>Zhi Feng Ji</i> | <i>治風劑 (치풍제)</i> |
| Eliminate Wind Powder | Xiao Feng San | 消風散 (소풍산) |
| Gastrodia and Uncaria Decoction | Tian Ma Gou Teng Yin | 天麻鉤藤飲 (천마구동음) |

APPENDIX G: EXAMINATION HERBAL FORMULAS LIST

| ENGLISH TRANSLATION | PINYIN | CHINESE (KOREAN) |
|--|-------------------------|-------------------------|
| Minor Invigorate the Collaterals Special Pill | Xiao Huo Lou Dan | 小活絡丹 (소활락단) |
| Sedate the Liver and Extinguish Wind Decoction | Zhen Gan Xi Feng Tang | 鎮肝熄風湯 (진간식풍탕) |
| <i>Formulas that Reduce Food Stagnation</i> | <i>Xiao Dao Ji</i> | <i>消導劑 (소도제)</i> |
| Preserve Harmony Pill | Bao He Wan | 保和丸 (보화환) |
| <i>Formulas that Stabilize and Bind</i> | <i>Gu Se Ji</i> | <i>固澀劑 (고상제)</i> |
| End Discharge Decoction | Wan Dai Tang | 完帶湯 (완체탕) |
| Four-Miracle Pill | Si Shen Wan | 四神丸 (사신환) |
| Jade Windscreen Powder | Yu Ping Feng San | 玉屏風散 (옥병풍산) |
| Metal Lock Pill to Stabilize the Essence | Jin Suo Gu Jing Wan | 金鎖固精丸 (금쇄고정환) |
| Stabilize the Menses Pill | Gu Jing Wan | 固經丸 (고경환) |
| Tangkuei and Six-Yellow Decoction | Dang Gui Liu Huang Tang | 當歸六黃湯 (당귀육황탕) |

Preface

The nomenclature for some herbs has been changed since the publication of *Chinese Medical Herbology and Pharmacology* in 2004. Most changes correspond to the 2005 edition of 中华人民共和国药典 *Zhong Hua Ren Min Gong He Guo Yao Dian* (Pharmacopoeia of the People's Republic of China), which is the official pharmacopoeia in China, as well as our primary reference. Changes have been made to:

- accurately reflect the part of the plant used, from *Ba Dou* (Fructus *Crotonis*) to *Ba Dou* (Semen *Crotonis*)
- correctly pronounce the *pinyin* name, from *Huang Bái* (Cortex *Phellodendri*) to *Huang Bò* (Cortex *Phellodendri Chinensis*)
- precisely describe the processing method, from *Zhi Gan Cao* (Radix *Glycyrrhizae Praeparata*) to *Zhi Gan Cao* (Radix et Rhizoma *Glycyrrhizae Praeparata cum Melle*)
- be more specific: *Kun Bu* (Thallus Laminariae seu Eckloniae) is separated into *Hai Dai* (Thallus Laminariae) and *Kun Bu* (Thallus Eckloniae)
- be more inclusive: from *Shan Ci Gu* (Pseudobulbus Cremastrae) to *Shan Ci Gu* (Pseudobulbus Cremastrae seu Pleiones)
- adapt to the current rules and regulations, from *Xi Xin* (Herba *Asari*) to *Xi Xin* (Radix et Rhizoma *Asari*). Note: The aerial parts of *asarum* contain aristolochic acid, and have been banned by many countries around the world. As a result, the root and rhizome of *asarum* are now used, as they are believed to have little or no aristolochic acid.¹
- and lastly, to humbly correct our previous errors, such as replacing the incorrect *Mu Fang Ji* (Radix Couulus *Trilobus*) with *Mu Fang Ji* (Radix Cocculi *Trilobi*).

SME
and
Adaptors'
comments

Corrections and inputs of adaptors/reviewers regarding proposed changes to herbal list (10/21/2010) based on latest Bensky's Materia Medica, 3rd edition (see page # from Bensky text).

1. Bei Mu/Chuan Bei Mu/Zhe Bei Mu – The proposed list currently contains all three. Since Bei Mu has been further specified into Chuan Bei Mu and Zhe Bei Mu (two different types of Bei Mu) in the list, we suggest taking out Bei Mu from the list and keeping Chuan Bei Mu and Zhe Bei Mu. (p. 378)
2. Dou Kou/Bai Dou Kou/Cao Dou Kou/Rou Dou Kou – The proposed list currently contains Dou Kou, Cao Dou Kou, and Rou Dou Kou. Replace Dou Kou with Bai Dou Kou, so that the list contains Bai Dou Kou, Cao Dou Kou and Rou Dou Kou. Including Dou Kou in the list along with Cao Dou Kou can be confusing, since Dou Kou can be further specified into Bai Dou Kou, Cao Dou Kou and Hong Dou Kou. (p. 483)
3. Remove Chuan Mu Tong and keep Mu Tong – Chuan Mu Tong is a type of Mu Tong grown in a certain region in China (i.e., Sichuan province), and it is unnecessary to separately categorize Chuan Mu Tong since the properties of the herbs are similar. Testing candidates on the generic herb, Mu Tong, should be sufficient. (p. 283)
4. Fen Bi Xie should be restored to Bi Xie – Fen Bi Xie is simply the powdered form of Bi Xie and it would be odd to categorize herb according to a certain preparation. Candidates should be tested on the generally accepted name of the herb, which is Bi Xie. (p. 301)
5. Remove Guang Huo Xiang and keep Huo Xiang – Huo Xiang can be further specified into Guang Huo Xiang and Tu Huo Xiang. It will be better to include the more commonly used name among acupuncturists/herbalists in the list, which is Huo Xiang, instead of separately including Guang Huo Xiang as another herb. (p. 476)
6. Gua Lou Zi should be restored to Gua Lou Ren – Gua Lou Zi is an alternate name for Gua Lou Ren, so Gua Lou Ren, which is more commonly used and is the name used in the Bensky text, should be used in the list. (p. 389)
7. Replace Ji Li with Ci Ji Li – Ci Ji Li is the standard name of the herb. (p. 975)
8. Jin Qian Bai Hua She should be restored to Bai Hua She – It is better to use the generic name, Bai Hua She instead of Jin Qian Bai Hua She. (p.363)
9. Ku Xing Ren should be restored to Xing Ren – Again, Ku Xing Ren is only an alternate name for Xing Ren, and therefore Xing Ren, which is more widely accepted name, should be used in the list. (p.440)
10. Long Dan should be restored to Long Dan Cao – Long Dan is an alternate name for Long Dan Cao, and the full name should be used, as it is listed in Bensky. (p. 144)
11. Mai Dong/Mai Men Dong and Tian Dong/Tian Men Dong – Mai Dong and Tian Dong are alternate names for Mai Men Dong and Tian Men Dong. Bensky uses the standard full names for both herbs which are more widely accepted by acupuncturists and herbalists, and therefore

Mai Men Dong and Tian Men Dong should be used in the list. In addition, a formula included in the new formula list contains Mai Men Dong Tang (instead of “Mai Dong Tang”), so the full names of the herbs are preferred. (pp. 827, 830)

12. Replace Shou Wu Teng with Ye Jiao Teng – Shou Wu Teng is an alternate name for Ye Jiao Teng, and the list should contain the standard name, Ye Jiao Teng. (p. 942)
13. Replace Di Huang with Sheng Di Huang – The list currently has Di Huang and Shu Di Huang. Since Di Huang can be further specified into Sheng Di Huang and Shu Di Huang, it is better to have Sheng Di Huang and Shu Di Huang in the list, instead of Di Huang and Shu Di Huang. (p.123)
14. Yi Zhi should be restored to Yi Zhi Ren – Yi Zhi is an alternate name for Yi Zhi Ren, and therefore the standard full name of the herb should be included in the list. In addition, the name, Yi Zhi, can also be an alternate name for Long Yan Rou (p.766). To avoid any confusion, Yi Zhi Ren should be used. (p.789)
15. Replace Zhe Shi with Dai Zhe She – Zhe Shi is an alternate name for Dai Zhe She. The standard name, Dai Zhe She, should be used in the list. (p. 993)
16. Why were some herbs from the old list deleted in the proposed list? Bai Ji, Bing Lang, Chuan Jiao, Chuan Shan Jia, Kuan Dong Hua, Ma Huang, Mu Xiang, Rou Cong Rong, Shi Hu, Tian Ma, Xi Xin, Zi Cao, These are important herbs. For example, Zi Cao can be found as a choice in one of the questions in the exam.